

Dr. Ashwin Rajenesh

M.B.B.S., M.D. (General Medicine)

Senior Consultant Physician & Head of Department, Emergency Medicine

Chief, Acute Care Medicine & Trauma

Professor, Internal Medicine — Thesis Guide, DNB Emergency Medicine

N.S. Memorial Institute of Medical Sciences, Kollam, Kerala, India



Current Employer

N.S. Memorial Institute of Medical Sciences

Kollam – 691020, Kerala, India

Phone: 0474-2723199, Extn. 104 (official calls only)

Medical Registration

Travancore-Cochin Council of Modern Medicine — Reg. #41730

Tamil Nadu Medical Council — Reg. #102420

CURRENT POSITION(S)

- Senior Consultant Physician & Head of Department, Emergency Department
- Chief, Acute Care Medicine & Trauma

ADDITIONAL POSITION(S)

- Professor, Internal Medicine
- Chairperson, Clinical Audit Committee
- Chairperson, Code Blue Services Committee
- Chairperson, Disaster & Mass Casualty Incident Committee

WORK EXPERIENCE

16 years post-internship, including 10 years following post-graduation. Currently in the 6th year as Senior Consultant Physician & HOD, Emergency Medicine and Associate Professor of Internal Medicine at NS Hospital. Full role history is set out under 'Previous Professional Positions Held'.

AREAS OF CLINICAL WORK CURRENTLY PARTICIPATED IN

- Emergency Medicine and Trauma Care — inpatient, outpatient and emergent care
- Acute Care Medicine — inpatient, outpatient, emergent care and short-stay
- Internal Medicine — outpatient department and consult-based services
- Consult-based services for other departments
 - Medical emergencies and in-hospital emergency response teams
 - Hospitalist (internist) care, including critical care consultancy
 - Staff health services
- Emergency Department design, implementation and patient-care optimisation
- Emergency nursing skill development
- Hospital administration and policy management
- Quality improvement
- Trauma centre development

AREAS OF CLINICAL INTEREST (IN ORDER OF INTEREST)

Acute internal medicine & toxicology • Emergency medicine & trauma care • Triage systems and ED patient-flow systems • Resuscitation • Internal medicine and hospital medicine • Diagnostic medicine • Pyrexia of unknown origin • Infectious diseases (special interest: short febrile illness) • Rheumatological disorders • Diagnosis of complex

chronic illnesses • Women's health, obstetric and adolescent medicine • Critical care medicine • Clinical epidemiology • Ambulatory management of chronic medical disorders • Preventive medicine and adult vaccination • Pre-employment evaluation and hospital staff healthcare

PROCEDURAL SKILLS

Resuscitation & Airway: BLS, ACLS, basic/advanced airway management and intubation incl. difficult airway (Proficient & Instructor); emergency surgical airway (Basic); ventilator management, basic to advanced (Proficient & Instructor); defibrillation & cardioversion (Proficient & Instructor); transcutaneous pacing (Basic).

Point-of-Care Ultrasound (POCUS): View acquisition, gross contractility & volume-status assessment, ruling out tamponade, lung ultrasound and DVT bedside screening (Proficient); e-FAST (Competent).

Vascular & Bedside Procedures: Central venous catheterisation — anatomical & USG-guided (Proficient & Instructor); arterial sampling & catheterisation, lumbar puncture, pleurocentesis, paracentesis, bone marrow aspiration & trephine biopsy, intercostal chest-tube drainage and urinary catheterisation (Proficient); pericardiocentesis and nerve/muscle biopsy (Basic).

Trauma & Emergency Care: ED triage systems and early trauma management — primary & secondary survey (Proficient); emergent pain management (Proficient), incl. peripheral nerve block (Basic); mass-casualty incident management (Basic).

PREVIOUS PROFESSIONAL POSITIONS HELD

Designation	Institution / Department	Period
Assistant Professor of Medicine, Unit Chief – Medicine 1	Azeezia Medical College	Jul 2019 – Feb 2020
Assistant Professor of Medicine (Women's Health & Obstetric Medicine)	Medicine 3, Christian Medical College, Vellore	Dec 2018 – Jun 2019
Assistant Professor of Medicine (Acute Care & Infectious Diseases)	Medicine 1, CMC Vellore & CHAD	Jun 2018 – Nov 2018
Assistant Professor of Medicine (Acute Care Medicine & Toxicology)	Medicine 5, Christian Medical College, Vellore	Dec 2017 – May 2018
Assistant Professor of Medicine (Clinical Epidemiology & Diagnostic Medicine)	Medicine 2, Christian Medical College, Vellore	Jun 2017 – Nov 2017
Assistant Professor of Medicine	Emergency Department & Trauma, Christian Medical College, Vellore	Jun 2016 – May 2017
Postgraduate Resident, General Internal Medicine (incl. Acute Medical Care Unit & Critical Care; rotations across Neurology, Cardiology, GI, Hepatology, Haematology, Oncology, Nephrology, Pulmonology, Endocrinology, Rheumatology, Geriatrics, ID, Dermatology, Psychiatry, Radiology, Clinical Epidemiology)	Christian Medical College, Vellore	Jun 2013 – May 2016
Non-PG Registrar, Medical ICU & HDU	Department of Critical Care, Christian Medical College, Vellore	Dec 2010 – May 2013
CRRJ (Internship)	Dr. Somervell Memorial CSI Medical College, Kerala	Nov 2009 – Oct 2010

ACADEMIC QUALIFICATION

Degree	College / University	Period
M.D. General Medicine	Christian Medical College (CMC), Vellore — The Tamil Nadu Dr. MGR Medical University, Chennai	2013 – 2016

Degree	College / University	Period
M.B,B.S.	Dr. Somervell Memorial CSI Medical College, Karakonam — Kerala University	2004 – 2009
Schooling	Loyola School, Trivandrum (ISCE/SSLC); Saraswathi Vidyalaya, Trivandrum (CBSE)	1991 – 2004

PROFESSIONAL MEMBERSHIPS

- Society for Emergency Medicine India — Lifetime Member
- Consortium of Accredited Healthcare Organizations — Lifetime Member
- The Association of Physicians of India — Life Member
- Association of Emergency Medicine Educators — Life Member
- The Emergency Medicine Association — Life Member

TEACHING

Postgraduate teaching faculty for 10 years across Emergency Medicine and Internal Medicine; Thesis Guide for Emergency Medicine DNB residents. Involved in formal and informal teaching of postgraduate (M.D. General Medicine, Emergency Medicine masters/fellowship) and undergraduate students (M.B,B.S., B.Sc. Nursing, Allied Health Sciences — Occupational Therapy, Physiotherapy, Anaesthesia Technician, CATH, Respiratory Therapy, Emergency Medicine Therapy).

Formal teaching: didactic lectures, chairing seminars and topic discussions, paper readings, skills demonstration and supervision. Informal teaching: bedside clinics, small-group and case-based discussions, contextual and peer learning. Particular teaching interest in BLS/ACLS, resuscitation, emergent medical management, critical care, and a practical, pragmatic approach to clinical problem-solving and procedural skills.

FACULTY / RESOURCE PERSON

- BLS Instructor, ACLS Instructor (CMC Vellore)
- Basic Assessment & Support in Intensive Care – BASIC (The Chinese University of Hong Kong)
- Early Management of Trauma – EMTC (Emergency Department, CMC Vellore)
- Procedural Skills Training Workshop Co-ordinator (MBBS Clerkship & Internship, CMC Vellore)
- Procedural Skills Certification Examiner (MBBS Clerkship & Internship, CMC Vellore)
- USG Skills Workshop for Internal Medicine (PG students, CMC Vellore)
- Communication Workshop (PG and MBBS students, CMC Vellore)

COMMITTEE ROLES & ADMINISTRATIVE RESPONSIBILITIES

- Head, Quality Control, Emergency Department
- Chairperson, Clinical Audit Committee
- Chairperson, Disaster & Mass Casualty Incident Committee
- Chairperson, Code Blue Incident Committee
- MBBS Clerkship Unit Co-ordinator, 2017 & 2018 (CMC Vellore)
- Deputy Chief Superintendent of Examinations, Final MBBS University Examination
- Organizer, P. Koshy Prize Examination in Internal Medicine for MBBS Interns, CMC Vellore
- Quiz Master, Senior Inter-Collegiate Medical Quiz, Epidauria 2018

ORIGINAL RESEARCH

- Vaginal lactobacilli and catheter-associated urinary tract infections among inpatients admitted in medical wards and medical ICU in a tertiary hospital in South India (Unpublished)

PEER-REVIEWED PUBLICATIONS & POSTER PRESENTATIONS

- Long COVID clinical evaluation, research and impact on society: A global expert consensus

- Acute kidney injury is an independent predictor of in-hospital mortality in a general medical ward: A retrospective study from a tertiary care centre in South India
- Profile of acute poisoning associated with methemoglobinemia in the Emergency Department
- Acquired methemoglobinemia in cases of intentional exposure to agrochemical: Our 4-year experience
- Seizures in the Emergency Department: Prevalence, aetiology and compliance
- Clinical tools and practice guidelines developed for COVID-19 preparedness and use at a secondary-care hospital in India

OTHER ACHIEVEMENTS & CERTIFICATIONS

- Best Outgoing All-Rounder — Gold Medal for overall excellence in curricular and extra-curricular activities, M.B.B.S. (2004–2010)
- BLS Certified Provider, American Heart Association (eCard 845BED27AC49)
- ACLS Certified Provider, American Heart Association (eCard B229481CC91E)
- Ethics, Research and Good Clinical Practice — Research Office, Christian Medical College, Vellore
- 7th MCI Revised Basic Course Workshop — Medical Education Department, Christian Medical College, Vellore

OFFICIAL ADDRESS

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This information is up to date as of 15 June 2026.